



2607 S. Southeast Blvd.  
Suite B-150  
Spokane, WA 99223  
(509) 532-8114

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

YOUR MEDICAL HISTORY (Please check all that apply)

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Allergies        | <input type="checkbox"/> Diabetes I            | <input type="checkbox"/> Kidney difficulties | <input type="checkbox"/> Osteoarthritis |
| <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Diabetes II           | <input type="checkbox"/> Low Blood Sugar     | <input type="checkbox"/> Parkinson's    |
| <input type="checkbox"/> Asthma           | <input type="checkbox"/> Epilepsy/Seizures     | <input type="checkbox"/> Lung Disorder       | <input type="checkbox"/> Skin Disease   |
| <input type="checkbox"/> Blood Disorder   | <input type="checkbox"/> Fibromyalgia          | <input type="checkbox"/> Lupus               | <input type="checkbox"/> Stroke         |
| <input type="checkbox"/> Broken Bones     | <input type="checkbox"/> Fractures (suspected) | <input type="checkbox"/> Multiple Sclerosis  | <input type="checkbox"/> Thyroid        |
| <input type="checkbox"/> Cancer (current) | <input type="checkbox"/> Heart Disorder        | <input type="checkbox"/> Muscular Dystrophy  | <input type="checkbox"/> Trauma (brain) |
| <input type="checkbox"/> Cancer (history) | <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Obesity             | <input type="checkbox"/> Vascular       |
| <input type="checkbox"/> Depression       | <input type="checkbox"/> Infectious Disease    | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Other _____    |

SURGICAL HISTORY

List Significant Surgeries Within the Last 3 years and Dates

- |          |          |
|----------|----------|
| a. _____ | b. _____ |
| c. _____ | d. _____ |
| e. _____ | f. _____ |

MEDICATIONS

Please list all current medications you are taking? (including non-prescription drugs)

- |          |          |
|----------|----------|
| a. _____ | b. _____ |
| c. _____ | d. _____ |
| e. _____ | f. _____ |

CURRENT/GENERAL HEALTH

1. Overall perceived health

- Excellent                       Good                       Fair                       Poor

2. How often do you exercise?

- 5 times a week or more                       3-4 times a week  
 3 times a week or less                       Rarely

3. Do you smoke? (Circle one)                      YES                      NO

4. Do you drink?                      YES                      NO                      Days per week \_\_\_\_\_ Drinks per day \_\_\_\_\_

5. Height: \_\_\_\_\_ Weight: \_\_\_\_\_



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6. Have you had any falls in the last 12 months? YES NO

7. Did any of your falls result in injury? YES NO

8. Do you feel safe in your current living situation? YES NO

9. Feeling down, depressed or hopeless? (Circle one)

Not at all    Several Days    More than half the days    Nearly every day

-

CURRENT/CHIEF COMPLAINT

1. How were you injured? \_\_\_\_\_

2. Activities you are unable to do now due to pain or injury? \_\_\_\_\_

\_\_\_\_\_

3. Pain Level: (none=0/worst=10) \_\_\_\_\_

4. List X-rays, MRI, Bone Scans for this condition: \_\_\_\_\_

\_\_\_\_\_

5. Pertinent accidents or injuries and dates: \_\_\_\_\_

\_\_\_\_\_

6. Personal goals for therapy: \_\_\_\_\_

\_\_\_\_\_

7. What are your hobbies and interests? \_\_\_\_\_

\_\_\_\_\_